

A PODIATRIST'S CRITICAL ROLE IN PREVENTING FALLS



30–40% of adults 65 and older will fall.
50% of adults 80 and older will fall.



Falls are the leading cause of injury-related death among those 65 and older. Falls lead to hospitalization, decline in functional status, and increased likelihood of nursing home placement. The estimated cost to the US health-care system: **\$50 billion.**



As podiatrists, we are uniquely positioned to help patients avoid falls.



Conduct a falls risk assessment on **patients 65 and older.**



Discuss falls and preventive measures with **patients with peripheral neuropathy.**



Falls Prevention Awareness Week is September 23-27!

Visit <https://ncoa.org/older-adults/health/prevention/falls-prevention> for information to share with your patients.



Address falls risk with **amputees, post-op patients, and patients in a cast.**

MIPS

Falls - Plan of Care (#155) is a quality measure for the Merit-based Incentive Payment System (MIPS). Performing this measure can help you deliver higher-quality care for patients and help your practice thrive in an evolving health-care system.



For more information and resources on falls prevention, visit the National Council on Aging website at www.ncoa.org, the CDC STEADI website at www.cdc.gov/steady, or the American Podiatric Medical Association website at www.apma.org/fallsprevention.

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