

Available Reproducibles by Subject

Children

Back to School Shoe Shopping Tips
Children's Feet - English
Children's Feet - Spanish
Children's Shoe Shopping Tips - English
Children's Shoe Shopping Tips - Spanish
Common Childhood Foot Complications - English
Common Childhood Foot Complications - Spanish
Common Childhood Foot Conditions
FAQ: Children's Foot Health
First Steps: Keeping Kids' Feet Healthy and Happy
Helpful Kids Shoe Shopping Tips
Keep Kids Moving: Shoes for the Right Sport
Kick-Start Kids' Summer with Shoe-Shopping Tips for Parents
Little Johnny Sorefoot
Meet My Feet Interactive Tip Sheet
Shoe Hollywood Stories: Starting Your Child Off on the Right Foot
Shoe Shopping for Kids: A Parent's Guide to a Year-Round Task
Sport-Specific Footwear Gives Kids a Boost - English
Sport-Specific Footwear Gives Kids a Boost - Spanish
Sports and Your Children's Feet
Taking Care of Your Feet is Not Child's Play

Common Foot Ailments

A Guide to Common Foot Deformities
Arthritis and Your Feet
Athlete's Foot
Bunions - English
Bunions - Spanish
Fighting the Five Most Common Foot Woes
Foot and Ankle Injuries
From Blistered to Blissful
Hammertoes
Nail Problems
Stress Fractures
Top Ten Foot Problems
Twenty Examples of Common Foot and Ankle Ailments
Warts
What are Blisters?
What are Corns or Calluses?
What are Your Feet Saying About You?
What is a Flat Foot?
What is a Fungal Nail Infection?
What is a Hammer Toe?
What is a Neuroma?
What is an Ingrown Toenail?
What is Arthritis?
What is Athlete's Foot?

Diabetes

Amputation Prevention Checklist - English
Amputation Prevention Checklist - Spanish
Annual Comprehensive Diabetes Foot Exam Form*
Be Sweet to Your Feet if You Have Diabetes*
Comprehensive Diabetes Foot Examination Form
Diabetes
Diabetes & Your Feet FAQs
Diabetes and Your Feet
Diabetes by the Numbers
Diabetes by the Numbers: Florida
Diabetes Frequently Asked Questions
Diabetes Key Messages
Diabetes True and False Quiz - English
Diabetes True and False Quiz - Spanish
Diabetic Ulcer Treatment Options - English
Diabetic Ulcer Treatment Options - Spanish
Diabetic Ulcers: Frequently Asked Questions - English
Diabetic Ulcers: Frequently Asked Questions - Spanish

*These documents are courtesy of the National Diabetes Education Program (NDEP)

Available Reproducibles by Subject

Diabetes (cont.)

Diabetic Wound Care
Don't Let Diabetes Get a Foothold on You - English
Don't Let Diabetes Get a Foothold on You - Spanish
FAQ - Diabetes and the Feet - English
FAQ - Diabetes and the Feet - Spanish
Feet Kit (Preventing Diabetes Foot Problems)*
Flow Chart for Diabetes Foot Exams*
Foot Health Advice for Patients with Diabetes
Foot Health and Diabetes*
Frequently Asked Questions on Diabetes
High Risk Feet Sticker Template*
Keeping Feet Healthy and Happy*
NDEP Tool Kit: Preventing Type 2 Diabetes*
Podiatry Brochure About Diabetes*
Questions for Your Doctor (Diabetes) - English
Questions for Your Doctor (Diabetes) - Spanish
Quiz on Diabetes and the Feet - English
Quiz on Diabetes and the Feet - Spanish
Regular Foot Care Can Prevent Diabetic Amputation - English
Regular Foot Care Can Prevent Diabetic Amputation - Spanish
Shoes and Socks Take 'Em Off Sign - English*
Shoes and Socks Take 'Em Off Sign - Spanish*
Take Care of Your Feet for a Lifetime - English*
Take Care of Your Feet for a Lifetime - Spanish*
Team Care: Comprehensive Lifetime Management for Diabetes*
The Real Cost of Diabetes
Today's Podiatrist Talks About Diabetes
What is a Diabetic Ulcer?
Working Together to Manage Diabetes*
Your Diabetes Management Team - English
Your Diabetes Management Team - Spanish
Your Diabetes Management Team Flyer

Foot Care

All Toes On-Deck
FAQs About Foot Care
Foot Care Tips: 12 Steps to Healthier, Happier Feet
General Foot Health
Holidays Hurting the Feet?
Keep Your Feet Fit For Life Checklist
New Year's Foot Fixes
Pedicure Pointers
Proper Foot Care for You and Your Family
Proper Foot Care Vital for Those with Diabetes - English
Proper Foot Care Vital for Those with Diabetes - Spanish
Quiz on General Foot Health
Shoe Hollywood Stories: Give Your Feet Star Treatment
Shoe Hollywood Stories: Personal Toe Training
Shoe Hollywood Stories: Profiles
Shoe Hollywood Stories: The Sole Scoop
Spring into the Season with Fabulous Feet
Summer Foot Fixes
Ten Tips for Healthy Feet
Travel Tips - Ideas for Good Foot Health When Traveling
Ultimate Exercises for Stylish Feet

Footwear

A Shoe for Every Sport
Best Bets for Boot Buying
Bunion Blues & Shoes
Choosing a Walking Shoe That's Right for You
Choosing Summer Footwear that Looks and Feels Great
Fall Into Boots That Feel Good
Footwear - English
Footwear - Spanish
Footwear Fashion Calendar
Footwear Matters

*These documents are courtesy of the National Diabetes Education Program (NDEP)

Available Reproducibles by Subject

Footwear (cont.)

Play it Safe: Sport-Specific Shoes Can Affect the Way You Play!
Secrets to Avoiding a Sandal Scandal
Shoe Shopping Checklist
The Sandal Scandal
Tips for Buying and Wearing Shoes for Adults and Children
Tips to Avoid a Flip Flop Fiasco
Well-Heeled, Footwear Advice to Avoid Pain - English
Well-Heeled, Footwear Advice to Avoid Pain - Spanish

Heel Pain

Don't Get Sidelined - Get Active! (Heel Pain Facts)
Get a Jump on Heel Pain & Sports - English
Get a Jump on Heel Pain & Sports - Spanish
Heel Pain
Heel Pain Diagram - English
Heel Pain Diagram - Spanish
Heel Pain FAQ - English
Heel Pain FAQ - Spanish
Heel Pain Guide
Heel Pain - Key Messages - English
Heel Pain - Key Messages - Spanish
Plantar Fasciitis/Heel Pain
Steps to Overcoming Your Heel Pain - English
Steps to Overcoming Your Heel Pain - Spanish

Miscellaneous Health Issues

Arterial Disease and Amputation - English
Arterial Disease and Amputation - Spanish
High Blood Pressure
Peripheral Arterial Disease (PAD)
Peripheral Neuropathy
Restless Legs Syndrome Fact Sheet
Skin Cancers of the Feet

Orthotics

Orthotics - English
Orthotics - Spanish
Prescription Orthotics
Tips on Finding a Sole Solution to Foot Pain - English
Tips on Finding a Sole Solution to Foot Pain - Spanish

Podiatry

Patient Checklist
Podiatric Medicine
Prepare for Your Podiatry Appointment
Today's Podiatrist
What You Should Know About Your Podiatrist and the Podiatric Profession

Pregnancy

FAQ - Pregnancy and Pediatric Foot Health - English
FAQ - Pregnancy and Pediatric Foot Health - Spanish
Pregnancy & Your Feet - English
Pregnancy & Your Feet - Spanish

Seniors

Aging and Your Feet
Medicare
Walking Tips for Seniors

Available Reproducibles by Subject

Sports

Aerobics and Your Feet
Avoiding Footwear Fumbles When Exercising or Playing Sports
Baseball and Your Feet
Basketball and Your Feet
Contact Sports and Your Feet
Cycling and Your Feet
Fitness and Your Feet
Foot-Friendly Tips to Prevent Common Running Injuries
Golf and Your Feet
Running and Your Feet
Tennis and Your Feet
Winter Sports and Your Feet

Surgery

Forefoot Surgery
Rearfoot Surgery

Teens

Avoid Pain & Raise Your Game
Common Foot Problems
Dos & Don'ts for a Fabulous Pedicure
Foot Care 101
How to Choose the Right Shoe
Shoe Shopping with Teens? Sanity-Saving Tips for Parents

Walking

A True or False Quiz About Walking
Alternatives to Walking
APMA Walking Guide
Exercise Walking and Your Feet
Gearing Up for Walking Guide
Get in Step! Walk for Exercise
Preparing Your Feet for a Lifetime of Walking
Recommendations for Starting a Walking Program
Stretching Tips for Exercise Walkers
The Amazing Facts About Walking
The Top 10 Do's and Don'ts for Walking
The Top 10 Excuses Not to Walk
Walk a Mile with Happy and Healthy Feet - English
Walk a Mile with Happy and Healthy Feet - Spanish
Walk Your Way to Better Health
Walking